



WSKW TODAY

— WESTERN SOCIETY FOR KINESIOLOGY AND WELLNESS —

WWW.WSKW.ORG

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56TH ANNUAL CONFERENCE PREVIEW

2011 Conference Seeks to Provide Insight, Participation, and Networking

A full slate of presentations and networking opportunities are planned for the 2011 WSKW Conference in Reno, NV October 12-14th. The conference kicks off on Wednesday (12th) at 3:30 PM with the future directions committee meeting and four member presentations between 4:30 and 7:00 PM. The conference continues on Thursday (13th) with a full schedule, including; a keynote presentation, the E.C. Davis Lecture, the Young Scholars Presentation, five panel sessions, two round table discussions, Peavy Papers, Faculty/Graduate Student poster session, and member presentations covering multiple topics. Thursday will also include the annual conference lunch and evening social. The conference will conclude at Noon on Friday following the WSKW Business Meeting at 10:30 AM. More information will be available to conference participants and a preview of the conference program will be available by September 15th.

Conference Registration

Registration for the 2011 Annual Conference and Membership is available online at www.wskw.org. The registration fee is \$95 for professionals and \$45 for graduate/undergraduate students. As a WSKW member you receive membership in WSKW for one year, attendance at the annual conference, and an opportunity to get published in Western Society Review (WSR).

Key Dates - 2011

August 30th
Young Scholar Papers Due

Oct. 12-14th
Annual Conference – Harrah's
Reno, NV

Hotel Accommodations

Reserve your room at the conference hotel. Rooms are available at Reno's Harrah for \$51/night (single or double) plus tax, using the WSKW Conference group code (SWSK11) through September 21st. To make your reservation call 888-726-6311.

Conference Schedule

10/12 (Wed.) - 3:30 to 7:00 PM

10/13 (Thur.) - 8:00 to 7:30 PM

10/14 (Fri.) - 8:00 to Noon

PRESENTATION SNEAK PEAK

www.wskw.org



2010 Keynote Presenter Returns to Participate in 2011 Conference

One WSKW member presentation at the 2011 annual conference will include last year's keynote presenter, Werner Hoeger. Dr. Hoeger returns to share his insight on light- vs. vigorous-intensity exercise in lifetime weight management. Here is a portion of his abstract; "...lengthy exercise sessions may not be helpful because they actually trigger greater food consumption following exercise; whereas shorter exercise sessions do not lead to a greater caloric intake. Thus, some people think that the potential weight reduction effect of lengthy exercise sessions may be attenuated because people end up eating more food when they exercise. This presentation will examine the most recent findings in this area and provide an answer to the role of light- vs. vigorous-intensity exercise in lifetime weight management (Hoeger, 2011)..." Full abstracts for the 2011 conference presentations will be available by September 15th.

56th Annual Conference

October 12 -14, 2011—Harrah's Reno

Serving the Profession – Influencing the Next Generation of Kinesiology and Wellness Professionals

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