



WSKW TODAY

— WESTERN SOCIETY FOR KINESIOLOGY AND WELLNESS —

WWW.WSKW.ORG

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GET PUBLISHED

Western Society Review (WSR) provides publication opportunities for members

The *Western Society Review* encourages submissions from members of Western Society for Kinesiology and Wellness (WSKW) who are professionals in kinesiology and wellness. Submissions include: short papers and poster presentations based on presentations made at the 2010 WSKW Conference and submissions independent of the Conference, on topics that pertain to health, fitness, sport, nutrition, and wellness. The *Western Society Review* is published each year at the time of the annual WSKW Conference. This year's submission deadline is August 1, 2011.

Manuscripts may be submitted in one of the following formats: 1) an extension of the presentation made at the 2010 WSKW Conference, or 2) a paper submitted by a professional in the kinesiology and wellness on a topic related to health, fitness, sport, nutrition, and wellness. Formats for submissions include: 1) Data Based/Research, 2) Project Based, 3) Address-To-The-Body Format, 4) Panel and Round Table Discussion (this format is reserved for those individuals that participated in a panel or round table discussion at the 2010 WSKW Conference), and 5) Keynote Address (this format is reserved for the individual that gave the Keynote Address at the 2010 WSKW Annual Conference). For more detailed information please visit www.wskw.org

YOUNG SCHOLAR RECOGNITION PROGRAM

Dr. G. Arthur Broten Young Scholars Recognition Program proposals now being accepted

Each year at the annual conference, WSKW recognizes young professionals in physical education and related fields through the Dr. G. Arthur Young Scholars Recognition Program. This program provides the opportunity for young professionals to present original research reports, position papers, philosophical statements, or a summary of the present state of an issue may serve as the basis for the scholarly papers. Candidates must be full-time faculty members in the field of physical education at a college or university. The candidate must be employed within the WSKW boundaries.

Priority will be given to instructors and assistant professors seeking to establish themselves and their work at regional events. Selection of the papers is made on the basis of scholarly content, organization, and pertinence to the field. Authors who are selected are invited to present their papers in Reno, Nevada in the same calendar year the papers are submitted. Young Scholar proposal submissions must be received no later than August 30, 2011. Acceptance and notification of proposals will occur by September 15, 2011). For more information please visit www.wskw.org.

MESSAGE FROM THE PRESIDENT BRIAN SATHER

The Childhood Obesity Problem Lies within Us

We have seen much commotion lately over obesity and even relatively quick political action in the form of state laws and federal impetus to curb the problem. Despite all the attention, I have yet to see compelling evidence of significant progress regarding improved physical education in schools. This is particularly important in the middle and high schools, where many students transition from intrinsic enjoyment of physical activity toward avoidance or ambivalence. I am going to stick my neck out and blame the problem on the poor quality of physical education teaching that is all too common in these grades. In other words, I blame us as professionals for not providing better physical education in middle and high school.

The general lack of teenager's willingness to be active coupled with the poor attention to good physical education by teachers creates a negative environment for combating obesity. Furthermore, the lackluster physical education teaching is likely the cause of the lack of support by school administrators. They are unwilling to dedicate hours of the day to physical education if teachers are just supervising kids in a gym, instead of actually teaching physical education. So why does poor physical education teaching persist? The resources and attention are certainly available, as NASPE provides a plethora of evidence-based guidelines and recommendations. It is not an intelligence or capability issue but rather a lack of caring, caring about doing our job properly and correctly. As physical education teachers, we must show concern in our teaching if we are to help children become more active.

- Brian Sather, WSKW President



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56th Annual Conference

October 12 -14, 2011—Harrah's Reno

Serving the Profession – Influencing the Next Generation of Kinesiology and Wellness Professionals

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