



Western Society for Kinesiology and Wellness

**61st Annual Conference
Program Quick Guide**

October 12-14, 2016

Harrah's Reno
219 North Center Street
Reno, NV 89501

Socio-Cultural Perspectives on Physical Activity, Health, and Sport

Wednesday, October 12th
Registration Open 2:30-5:30pm

3:00-4:15	Business Meeting	Washoe A
4:30-5:15	The Process of Data-Driven Decision Making in Physical Education Teacher Preparation Programs. Glenn Hushman, University of New Mexico	Washoe BC
4:30-4:50	Transfer of Life Skills from Collegiate Physical Activity Experiences. Shirley H.M. Reekie, SJSU	Washoe DEF
5:00-5:20	Progression in Gait Symmetry Following Total Hip Arthroplasty. Julia Freedman Silvernail; UNLV	Washoe DEF
5:30-6:15	Stretching and Sports. John Ostarello; CSU East Bay.	Washoe BC
5:30-5:50	Hazing. Jay Johnson; University of Manitoba (via WebEx)	Washoe A
6:00-6:20	Multiple presentations. Geoff Wood; Rosmini College (via WebEx)	Washoe A
6:30-7:15	Keynote Address. Shirley H.M. Reekie; SJSU	Washoe BC
7:15-8:15	Welcome Social	Douglas

Thursday, October 13th; Registration Open 8-noon & 1:30-4:30

7:00-8:45	Business Meeting	Washoe A
9:00-9:45	Incorporating Problem-Based Learning in Physical Education Teacher Preparation Programs. Glenn Hushman; University of New Mexico.	Washoe BC
9:00-9:20	More than Sport: The Importance of Philosophy to the Field of Kinesiology. Douglas McLaughlin; CSU Northridge.	Washoe DEF
9:30-9:50	The effect of Physical Activity on the Brain-derived Neurotrophic Factor (BDNF). Farzaneh Ghasvand; San Jose State University.	Washoe DEF
10:00-10:45	Effects of Intermittent Fasting on the Body. Jessica Savage; Lewis-Clark State College.	Washoe A
10:00-10:20	Influence of a Modified Martial Arts Program on Adult Over the Age of 70. Jennifer Schachner; San Jose State University.	Washoe BC
10:30-10:50	Making play a positive inclusive experience for differently abled students, athletes, and patients. Sharon Stoll; University of Idaho.	Washoe BC
11:00-11:45	The IronMay Challenge: Making the Impossible Possible Within the Community. W. Matthew Silvers; Whitworth University.	Washoe BC
11:00-11:20	6-Minute Walk Test: Relationship to Cognitive Function in Healthy Older Adults. Cathy Inouye; CSU East Bay.	Washoe DEF
11:30-11:50	Exercise Motivation and Adherence: The influence and interpretations of EMI-2 motives. Andrea Ednie; UW-Whitewater.	Washoe DEF
12:00-1:15	Luncheon; Awards; E.C. Davis Speaker, Rob Thomas; La Sierra University.	Douglas
1:30-2:20	Student Poster Presentations	Washoe DEF
1:30-1:50	The Physical Practice of Dance and Sport as Cultural Expression. Melonie Murray; University of Utah.	Washoe BC
2:00-2:20	Importance of Consumer Engagement in Fitness Industry: The Effect of Extra-role Behavior on Consumers' Intention to Renew. Yong Chae Rhee; Washington State University.	Washoe BC
2:30-2:50	Effect of Visualization on Self Efficacy and Rock Climbing. Milena Pointer; Whitworth University.	Washoe A
2:30-3:15	Faculty Poster Presentations	Washoe DEF
3:30-4:15	Servant-leadership. Kirk Westre; Whitworth University.	Washoe BC
3:30-3:50	The Synchrony of Concurrent Enrollment with Athletic Training Education: A Potentially Harmonious Relationship. John McChesney; Boise State University.	Washoe A
4:00-4:20	Exercise Performance Following Foam Rolling. Pat Hickey; Whitworth University.	Washoe A
4:30-5:15	What is Implicit Bias? Jane Shimon; Boise State University.	Washoe DEF
4:30-4:50	Short-Term Expiratory Muscle Strength Training Attenuates Sleep Apnea and Improves Sleep Quality in Patients with Obstructive Sleep Apnea. Jeffrey R. Bernard; CSU, Stanislaus	Washoe BC
5:30-7:00	Debate (Utley's Slide); Awards; Reception	Douglas

Friday, October 14th

7:00-8:15	Business Meeting	Washoe A
8:30-9:15	MERLOT. Free Educational Innovations and Teaching Resources for Kinesiology. Gerard Hanley; CSU Chancellor's Office.	Washoe BC
8:30-8:50	Branding (or rebranding) Yourself. Carole Casten; CSU Dominguez Hills	Washoe DEF
9:00-9:20	Can Diversity Actually Cause Exclusion? Sharon Stoll; University of Idaho.	Washoe DEF
9:30-10:15	Spinderellas, Wildflowers, and Wonderwomen: Investigating Women's Motivation to Participate in an All-Female, Non-Competitive Cycling Event. Elaine Foster; Idaho State University.	Washoe BC
9:30-9:50	The Performance of Gendered Movement Mechanics in American Dance. Melonie Murray; University of Utah.	Washoe DEF
10:00-10:20	The Effects of a Concept-Based Physical Education Unit for Energy Balance Education. Senlin Chen, PhD; Iowa State University.	Washoe DEF
10:30-11:15	Love HIIT or Hate HIIT: That is Your Question. W. Matthew Silvers; Whitworth University.	Washoe DEF
10:30-10:50	Giving Meaning to Movement: The Value of Sociocultural Studies in Kinesiology. William H. Freeman; Campbell University.	Washoe BC
11:00-11:20	Dispositional Discourses on the Application of Incentive Based Budgeting Models in Academically Free Disseminating Academies. Brett Holt; University of Vermont	Washoe BC
11:30-11:50	Exercising Sovereignty: Everybody Leaves a Footprint. Alisse Ali-Joseph; Northern Arizona University.	Washoe DEF
11:30-11:50	Walking Performance in Adolescents and Young Adults with Down syndrome: The Role of Obesity and Sleep Disorders. Chih-Chia Chen; Mississippi State University.	Washoe BC
11:55-12:10	Conference Wrap Up; Awards; Closing Remarks	Washoe DEF
12:15-1:15	Central Committee Meeting	Washoe A