### 2020 WSKW Awards

### **Faculty Young Scholar Award Winners**

Name	Presentation Title
Gioella N. Chaparro; University of Illinois	Effects of Partial Body Weight Support on Dual-Task Walking in Older Adults with Multiple Sclerosis
Zachary Zenko; CSU Bakersfield	To Make Exercise Promotion More Effective, Be Affective: The Early Promise of Dual-Process Frameworks and Future Research Directions

### Faculty Research Award - Outstanding Oral Presentation

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Name(s)	Presentation Title
Dr. Eric Martin; CSU Monterey Bay	Practices to Maximize Benefits of Strength & Conditioning Internships

### Faculty Research Award - Outstanding Poster Presentation

Name(s)	Presentation Title
Dr. Heather Van Mullem; Lewis-Clark State College	Student-Athlete Academic Success and High Impact Practices

### **Student Award Winners**

### Dr. Matthew Silvers Outstanding Research Critique Award

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Award	Name(s)	Presentation Title
1st Place	Holli Rosas (CSUSB)	The Effects of Circuit Training on Elderly Women with Osteopenia
2nd Place	William Prince (CSUSB)	Effects of Physical Activity on Muscular Strength and Fracture Risk in Children
3rd Place	Emily Lenh (San José State University)	The Negative Effects of Technological Dependence on the Mental and Physical Health of Youths and Adults

# Dr. Robert Carlson Outstanding Review of Literature Award

Award	Name(s)	Presentation Title
1st Place	Amanda Palmer (U. Of Idaho)	Adolescent Psychological Well-Being: Screen Time Vs. Time at Camp
2nd Place	Leilani Buelna (San José State University)	Effects of a Motor Intervention Program on Motor Skills and Executive Functions in Children with Learning Disabilities
3rd Place	Emily Lenh (San José State University)	The Negative Effects of Technological Dependence on the Mental and Physical Health of Youths and Adults

# Dr. Lawrence Bruja Outstanding Original Research Poster Award

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Award	Name(s)	Presentation Title
1st Place	Cassady E. Healy, Jackson D. Stayner and Jafra D. Thomas (California Polytechnic State University, San Luis Obispo)	Course Design for Quality Online Education: Effective Strategies from the Viewpoint of Undergraduate Teaching Assistants
2nd Place	Tabera Joaquin, Stephanie Cromwell, Derek Lee, Rosarin Saraburin, CSUEB Kinesiology Research Group (California State University, East Bay)	Mythbusters: Searching and evaluating scholarly journal articles for credible evidence

# Dr. Robert Peavy Outstanding Original Research Award

Award	Name(s)	Presentation Title
1st Place	Patricia Ruiz Mena, Ivan Garza, Maria Gonzalez, Hyun Un von Euw, Roshetta Vauvei (California State University, East Bay)	Relationship of Lower Limb Power and Handgrip Strength to Cognitive Function

# **Bootster Campus Award**

San Jose State University