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WSKW TODAY

—WESTERN SOCIETY FOR KINESIOLOGY AND WELLNESS—

www.wskw.org

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Dedicated WSKW Member to Give E.C. Davis Lecture at 2012 Conference

Bob Peavy Continues to Promote Professional Development and Student Participation

The Western Society for Kinesiology and Wellness is excited to announce that WSKW member Bob Peavy will give the E.C. Davis Lecture at the 2012 Annual Conference. A former gymnastics coach at Washington State University (1971-77), Dr. Peavy retired from the Kinesiology and Leisure Studies department in 2001. He served as President of WSKW in 1991 and is still an active member, serving as a familiar face at the annual conference in Reno. "We are excited that Bob has agreed to present the E.C. Davis Lecture, states the 2012 Conference Coordinator and President-Elect Matt Silvers, "throughout his service, Bob has actively promoted the belief that the success of the organization depends on the active involvement of all membership, including students. To this end, he was instrumental in the integration of student sessions into the annual meeting, which began in 1999. As a result of his advocacy in this arena, student participation and professional development within the WSKW organization has continued to flourish."



Bob Peavy



Western Society for Kinesiology and Wellness
50th Anniversary Conference
October 12-14, 2005

57th Annual Conference
October 10-12, 2012
-Harrah's Reno-

New Journal to Offer a Variety of Publication Opportunities

Journal of Kinesiology and Wellness also Seeking Reviewers of Original Research Papers

Coming later this spring the Journal of Kinesiology and Wellness will announce a call for papers. The new journal maintains the tradition and philosophy of past WSKW publications, while meeting the technological and professional needs of the next generation of kinesiology and wellness professionals. The journal will be separated into three sections. The first section will be scholarly papers, which will include open submissions and young scholar papers. The second section will continue the former WSKW journal's (Western Society Review) intent in capturing review papers from presentations given at the previous year's conference. This section would also include the "Hot Topic" papers. Finally, the third section will comprise the student Peavy Papers.

In conjunction with the start of the new journal, Journal Editor Heather Van Mullem is currently seeking reviewers for the scholarly papers section. "We are in the process of seeking individuals who are interested in serving as article reviewers for the portion of the journal that will publish original research," states Heather. If you are interested in becoming a reviewer please contact Dr. Van Mullem directly (hivanmullem@lcsc.edu)

WSKW Member Spotlight: Carole Casten

Past President Carole Casten Reflects on WSKW Experiences

Throughout a teaching career that spans over 40 years, Carole Casten continues to make a difference in the lives of her students. Her professional career includes stops in West Lafayette (IN), El Camino College (CA), Redondo Beach High School (CA), and her current position at Cal-State University Dominguez Hills (CA) as a professor. In 33 years at CSUDH she has taught a variety of course including, but not limited to: dance, elementary and secondary pedagogy, nutrition, and public relations. In addition to teaching, Carole continues to be active professionally in WSKW, where she was the first female president in 2004. She frequently presents at conferences and has published five books including: *Aerobics Today*, *Aqua Aerobics Today*, and *Lesson Plans for Dynamic Physical Education for Secondary Schools*.

Q: How have you been able to adapt and continue to connect with your students?

A: In addition to being a professor at CSUDH, I became the Director of Physical Education and Athletics for the high school brought on to the CSUDH campus: The California Academy of Mathematics and Science. I have been working with the high school since its inception in 1989. It keeps me grounded. No one can say I am "just an Ivory tower" professor. My involvement with the high school shows my students that I am a real world, today, instructor.

Q: How did you get involved in WSKW? What year?

A: I was invited to attend a meeting in Reno by Bob Pestolesi, a former president of WCPES, CAHPERD, and AAHPERD and John Cates, another very active professional in CAHPERD and the Governor's Council (CA) for Physical Education and Sports. Both were involved in WCPES, CAHPERD, Southwest District AHPERD, and AAHPERD. I was a young professional when I was brought in to the organization. During those years, many assistant professors from the various CSU's attended WCPES. I believe I attended my first meeting in 1990. Since then, I have only missed a couple of meetings.



Q: What keeps you coming back to the conference every year?

A: I continue to attend because I find the group invigorating, refreshing, fun to be with, and I love the intimate format of the meeting. I really enjoy visiting with veteran professionals and the young professionals who have joined WCPES/WSKW in the recent years.

Q: How has WSKW helped your career?

A: I would say that attending WSKW has helped to make me a better professional by my learning from others who teach in similar and also different educational settings. Also, having the opportunity to make presentations and hold leadership roles helped advance my career. Mostly, however, I'd say just maintaining my professional contacts through the years has been the most rewarding benefit of continual attendance at WCPES/ WSKW.

Q: What is your best memory of a WSKW conference?

A: I have good memories from all of my WCPES/ WSKW past conferences, so I can't really identify a single "best" memory. I did enjoy being validated by being elected the first female president of WSKW/ WCPES though. That is a great memory. I still love being able to say that I was the first female president of WCPES now WSKW.

Participate in the Annual Conference
-Proposals accepted through June 15, 2012-
Online Submission – www.wskw.org

President's Message - Professional Growth Decisions

This month I will be attending the American Alliance for Health Physical Education Recreation and Dance (AAHPERD) National Conference in Boston, MA. In preparation for the conference I spent some time reviewing the organization's web site. I noticed a call for 2013 proposals on the same page as the 2012 conference information. A good promotional tactic and one that definitely made me consider what my 2012-13 academic calendar might look like. It also made me recall a conversation I had recently with a colleague about attending professional conferences.



The colleague was frustrated with the dwindling of department and campus funding for professional development. At her school they had pulled all funding and according to her the decision was easy, "I won't be going this year." Budget cuts at all our institutions have challenged us to consider which conference we can afford, which conference to submit a proposal to, and whether or not we should be attending the conference at all.

I spent a number of years in coaching and as a young aspiring coach I asked a mentor if I should join a professional organization for basketball coaches and attend the annual clinic. The school I worked for at the time would not be paying my way. He stated, "You have to continue to learn and grow as a coach, even if that means spending your own money. Eventually you will lose credibility as a coach if you don't grow and adapt with the changes taking place in your sport. Your longevity and success in your career depends on your ability to continually grow and learn." As I make choices about professional development each year, his statement has stuck with me and I believe it can be applied to any career path.

As you weigh your options for 2012-13, here are seven reasons you should make the WSKW Annual Conference in Reno your first choice for professional growth; 1) conference participation is growing, 2) attendees engage with leaders and mentors in their field, 3) a welcoming environment to share your research and scholarly work, 4) the membership/conference rate is affordable, 5) travel and accommodation costs in Reno are less than the national average, 6) numerous professional service opportunities, and 7) networking for future job placement. WSKW continues to be a great place for all your professional growth and success. I look forward to seeing you at the 2012 conference.

Sincerely,



Pete Van Mullem
President, 2012

-For all your membership needs-

www.wskw.org



For 25 years WCPES/WSKW has been promoting young scholars through the Dr. G. Arthur Broten Young Scholar Program. The program has awarded 79 young scholars since it's inception in 1987. All former young scholars are invited back for the 2012 conference. A formal invitation and additional information regarding the celebration will be available this spring.

Young Scholar Celebration
2012 Annual Conference - Reno NV

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WSKW Today is written and edited by Pete Van Mullem (Central Washington University). The next edition of WSKW Today will be distributed in May. If you have any comments, stories, or ideas regarding the newsletter or you are interested in filling one of the open officer or central committee representative positions, please feel free to contact Pete Van Mullem at vanmullem.pete@gmail.com