

# **WSKW TODAY**

**—WESTERN SOCIETY FOR KINESIOLOGY AND WELLNESS—** 

www.wskw.org

Volume 2, Issue 1

# WSKW Members Convene in Reno for the 56<sup>th</sup> Annual Conference 2011 Conference Continues the Tradition of Mentorship and Professional Opportunities

Over 150 members and guests embarked on Reno, Nevada this past October 12<sup>th</sup>- 14<sup>th</sup> to participate in the 56<sup>th</sup> Annual WSKW Conference. Attendees included over 50 faculty members and graduate students, 60-plus undergraduate students, and 48 students from the University of Nevada-Reno. "It was gratifying to see the large number of participants at the conference this year, special thanks to WSKW members Matt Silvers and Larry Bruya in encouraging their students to create posters (a total of 44)," stated Bob Peavy, long-time WSKW member.



Two speakers highlighted this year's conference; Kathy Munoz (Humboldt State University) provided

Bill Napier the keynote presentation. Dr. Munoz's presentation focused on what role should kinesiology and wellness professionals play in the fight to reduce obesity in the United States. During the luncheon attendees were captivated by Bill Napier's



Kathy Munoz

speech on his life and experiences with WSKW founding member E.C. Davis. "Dr. Napier's presentation provided attendees with the unique opportunity of hearing personal recollections of a doctoral student of E.C. Davis, who became a collaborator with him in helping to form our organization more than five decades ago. His presentation provided insights into Dr. Davis' character and his leadership style," stated Rob Thomas (La Sierra University). In addition, faculty and graduate students helped to complete a full conference schedule with presentations and posters on a variety of topics related to the field of kinesiology and wellness.

The list of attendees included many notable members in their professional fields, including Werner Hoeger, the 2010 WSKW keynote speaker and a two-time Olympic luge competitor; Mark Nagel, a former WSKW young scholar and coauthor of three text books in the field of sport management; Sharon Stoll, former president of WSKW and the director of the Center for Ethics at the University of Idaho. This was just a sample of professionals in attendance that have made significant contributions to the field of Kinesiology and Wellness.

Carrying on the tradition in which WSKW was founded established scholars were given the opportunity to mentor and interact with young scholars, graduate students, and undergraduate students. This year's Dr. G Arthur Broten Young Scholar award winner was Stefan Ward (Central Washington University). His presentation was titled: Impact of a Service Learning Project on Health Promotion among Micronesian Youth.



Stefan Ward



Peavey Paper Award Winners

Another aspect of the conference that continues to grow in participation numbers is the student Peavy Papers. This year six schools participated in the program (Eastern Washington University, Washington State University, Whitworth University, Utah Valley University, University of Windsor, and the University of Idaho) and students were honored for their accomplishments in the following categories: Research Critique Award Winners - Teagan Norton, Maddy Himmel, and Joy Shufeldt (Whitworth). Literature Review Award Winners - Cassie Bergman (WSU), Danielle Kym, and Keith Parker (Whitworth). Original Research/Project Award Winners- Renee Meloche (University of Windsor), Hotaka Maeda (WSU), and Ken Dragoo (EWU).

# Special Thank You to Johnson and Inouye for Years of Service to WSKW

# Cathy Inouye and Craig Johnson Dedicated their Talents, Time, and Energy

The 2011 Conference was the end of a dedicated run of service for two WSKW members. Craig Johnson (Saint Mary's College, CA) served as the coordinator of the Dr. G. Arthur Broten "Young Scholars" Program. Johnson coordinated the submission of manuscripts, organized reviewers, and served as editor of the Monograph Series (annual publication of young scholar papers). "Craig has dedicated many years of service to WSKW and the Young Scholars Program as the Young Scholars Coordinator and Monograph Editor. He has been very helpful in making my transition into this role a positive one," stated Heather Van Mullem (Lewis-Clark State College, ID). Craig served as President of WSKW in 2000 and will continue to serve as representative on the Central Committee for Northern California.



Craig Johnson



Cathy Inouye (Cal-State East Bay) served as the Editor of the Western Society Review (WSR) for the past six years. With the assistance of WSKW member, Walt Hammerslough (La Sierra University, CA). Inouye was responsible for coordinating, editing, and distributing WSKW's annual publication. "It was a privilege working with Cathy over the past in preparation for the annual conference, she set a high standard for quality in the WSR," said Pete Van Mullem (Central Washington University), "both Cathy and Craig are wonderful role models for the next generation of Kinesiology professionals."

Cathy Inouye

# -Save the Date-

57<sup>th</sup> Annual Conference October 10-12, 2012 Harrah's Reno



# **Silvers Named President-Elect**

WSKW is excited to announce that Matt Silvers has accepted the nomination for President-Elect for 2012. Matt is an Assistant Professor at Whitworh College (WA) in the Department of Health Sciences. He will serve as the 2012 WSKW Conference Coordinator.

# **WSKW Members Approve New Online Journal Publication**

# Heather Van Mullem Named Editor of the New Journal of Kinesiology and Wellness

At the annual business meeting, WSKW members approved the formation of a new online journal titled: Journal of Kinesiology and Wellness, a publication of the Western Society for Kinesiology and Wellness (WSKW). The journal will become the only publication of the organization, combining the Western Society Review (WSR), Monograph Series (young scholar papers), and Peavy Papers (student papers). In addition, the journal will be available for members or non-members to submit papers beginning in 2012. The new online journal will include an online submission format and provide additional professional opportunities for WSKW members as reviewers. Additional details will be forthcoming.

To develop, coordinate, and jump-start the new journal, WSKW is excited to announce that Heather Van Mullem has accepted the nomination to be Editor of the Journal of Kinesiology and Wellness. Van Mullem is an Associate Professor in the Department of Health and Kinesiology Program at Lewis-Clark State College (ID) and most recently served as a Young Scholar Co-Coordinator with Craig Johnson this past year. A former WSKW young scholar award winner, Heather has been involved with WSKW for the past six years and frequently presents at the annual conference.



Heather Van Mullem

# President's Message - Outlook for 2012

Attending a professional conference is designed to empower us, provide us with new ideas, expand our network of colleagues, and give us an opportunity to share our experiences and insights about our respected fields. In multiple conversations with WSKW members following the conference, I believe the 2011 conference accomplished this task. Therefore, I want to extend a thank you to all WSKW members that participated in the 2011 Annual Conference for making this year's conference a success.



Typically the excitement and camaraderie from attending a conference quickly dwindles in a few short weeks. However, the enthusiasm generated from the 56<sup>th</sup> annual meeting continues and there seems to be a new energy developing from within the organization. Building off this excitement, conversations at the conference, and decisions made at the annual business meeting I have outlined the following goals for 2012: 1) Promote and grow young scholar faculty membership and conference participation. 2) Build and strengthen Central Committee representation, responsibilities, and communication. 3) Maintain and continue to develop active student participation in the annual conference. 4) Explore and continue the discussion about growing an international presence at the annual conference. I will be sharing more information with you on the plan for accomplishing these goals in upcoming issues of WSKW Today.

For me there could not be a more exciting time to be serving you as we continue to enhance an organization steeped in tradition with a keen eye on the future. I greatly enjoyed the opportunity to serve you as President-Elect and Conference Coordinator this past year and I look forward to the continuing this service as your President in 2012.

Sincerely,

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Pete Van Mullem

# **WSKW Creates New Position**

# **Brian Sather Named Director of Communications**



At the 2011 business meeting, WSKW members approved a new position titled Director of Communications. This position was developed to oversee all communication being disseminated from WSKW via the web site (www.wskw.org).

The new position replaces the former web administrator position and includes additional duties.

To fill this new position, WSKW members approved the nomination of Brian Sather. Sather is a professor in the Department of Physical Activity and Health at Eastern Oregon University. He developed the current web site in 2009 and has continued to manage the web site content over the past two years. A former young scholar award winner, Brian served as President-Elect (2010) and President (2011) of WSKW. In 2012 he will serve as Past President and will continue his role as a Central Committee Representative from Oregon.



Always energetic, Larry Bruya (WSU) leads a session



Right - Bob Peavy (black jacket) and Larry Bruya present Hotaka Maeda an award for original student research.

# Contact Information-

# Officers—

#### President-

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## President Elect -

Matt Silvers, Ph.D., Whitworth University (WA) Assistant Professor, Health Sciences 509-777-3476 msilvers@whitworth.edu 2012 WSKW Conference Coordinator

## Past President-

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## **Executive Director—**

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# Editor, Journal of Kinesiology & Wellness-

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## Open Position—

Historian

# **Central Committee**— Regional Representatives

#### Arizona -

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#### Northern California -

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# Open positions-

Alaska, Canada, Hawaii, Montana, New Mexico, and Wyoming



WSKW Today is written and edited by Pete Van Mullem (Central Washington University). The next edition of WSKW Today will be distributed in early January. If you have any comments, stories, or ideas regarding the newsletter or you are interested in filling one of the open officer or central committee representative positions, please feel free to contact Pete Van Mullem at <a href="mailto:vanmullem.pete@gmail.com">vanmullem.pete@gmail.com</a>